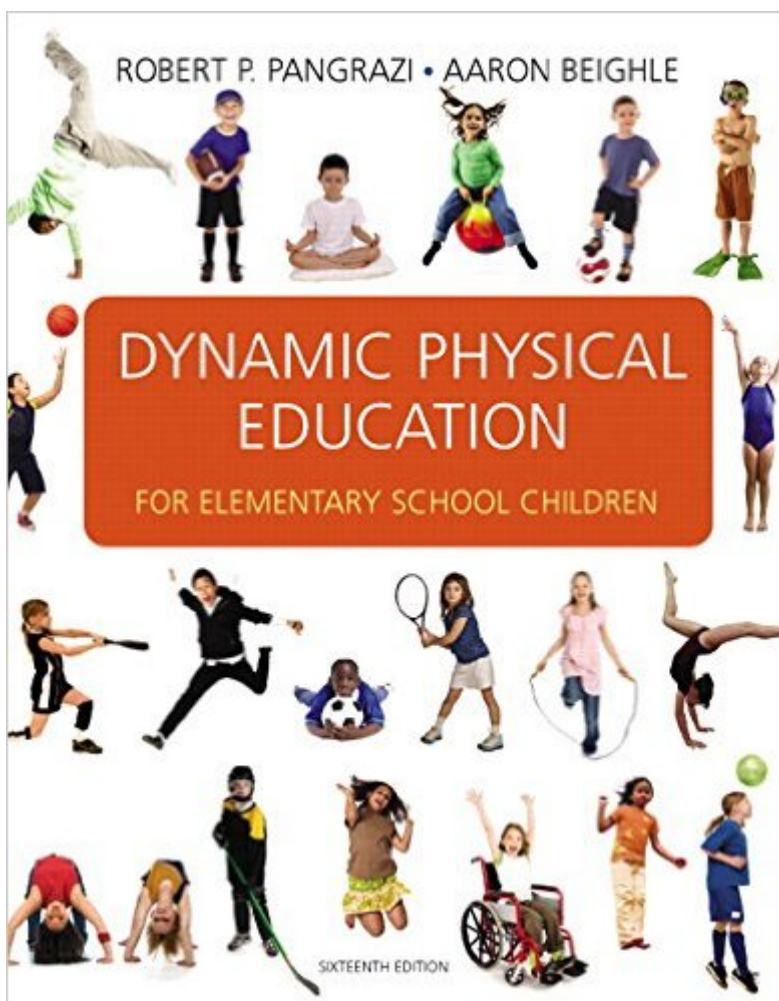


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# Dynamic Physical Education For Elementary School Children (16th Edition)



## Synopsis

**Key Benefit:** Used by over half a million readers, the best-selling *Dynamic Physical Education for Elementary School Children* offers the next generation of physical education teachers the best guide in step-by-step techniques for teaching physical education. This text covers everything from games and activities suitable for every developmental level to teaching strategies and guidelines for every classroom situation. Whether instructors are starting a new program, restructuring an established one, or working with a team in an existing system, *Dynamic Physical Education for Elementary School Children* provides the best combination of theoretical framework and hands-on activities available. The Sixteenth Edition underscores the importance of activities taught in Part II of the book for reader use later in their careers. It also provides an updated video package, and emphasizes the importance of lifetime physical activity through inclusion of club activities, lifetime sports, and discussion of helping readers develop healthful behaviors.

**Key Topics:** Elementary School Physical Education, Teaching Children in the Physical Education Environment, Preparing a Quality Lesson, Curriculum Development, Improving Instructional Effectiveness, Management and Discipline, Children with Disabilities, Evaluation, Legal Liability, Supervision, and Safety, Facilities, Equipment, and Supplies, Integrating Academic Concepts, Promoting and Monitoring Physical Activity, Physical Fitness, Active and Healthy Schools, Movement Concepts and Themes, Fundamental Motor Skills and Introductory Activities, Manipulative Skills, Body Management Skills, Rhythmic Movement Skills, Gymnastic Skills, Cooperative Skills, Game Skills, Lifetime Activities, Basketball, Football, Hockey, Soccer, Softball, Track, Field, and Cross-Country Running, Volleyball

**Market:** Intended for those interested in gaining a basic knowledge of physical education for elementary school teachers.

## Book Information

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## Customer Reviews

Horrified as I am with the outrageous price of textbooks, I do everything I can to find books that are as affordable as possible for my students. I have looked and looked for a textbook or combination of textbooks that cover this material as effectively as Pangrazi does. This is the best book out there. There's more in this book than the average classroom teacher in a school with a PE Specialist is ever going to need, but any teacher building his or her library should have this reference on hand. Gone are the days when the classroom teacher organizes many playground games (in fact, recess is sadly disappearing altogether in our area)but the sections on the Instructional Process, Personal Health Skills, Program Implementation and Wellness are going to be useful references for any K-9 teacher for years. I'm pairing it with Interdisciplinary Teaching through Physical Education, (1998, Human Kinetics). Once you start looking around, you'll find that this book is actually a real bargain.

I have used this book for two years now and found it helpful with lots of practical information. Implementing the lessons will require the lesson plans(not included) to fully utilize the contents of the book. This book is Sport based and Standards based. There are 36 weekly lessons which gives the program lots of structure. The author assumes you have enough space (indoor & outdoor) to teach the program. The cost of equipment can be high although there is a pretty good section on "How to make your own" equipment. I believe this book is a good resource, chapters are organized and mirror the weekly lesson plan book.

This is a got to have book for Physical Education Teacher!The book has great activities as well as behavior management strategies and management ideas.Recommend it to all new and veteran teachers.

This is an excellent aide in learning how to teach physical education to elementary school students. Pangrazi is an excellent author and essential information and helpful tips to teach physical education. Overall, this book is the most useful and I am definately not selling it back.

This book has great listings of activities to do with kids, whether in the academic setting or a

camp/child care setting. Fun games, exercises and other activities are easy to look up and have good directions. A solid textbook for new teachers.

I have used this book for more than 5 years. Many children (and adults) focus on sports and their end results. This book focuses on physical education in appropriate age levels. This provides a good foundation and allows the coach / teacher to develop a curriculum completely. It is a must for PE teachers of elementary schools and helpful to parents also.

As a first year elementary physical education teacher I have found this book full of lesson plans invaluable. I use suggestions from this book daily. There are lots of options to choose from and the teaching ideas are sound and user friendly. This book divides lesson plans into 3 developmental levels so I have plans to use for K - 6. GREAT RESOURCE!!!

This edition of Dynamic Phys.ED has components that can be useful in the teaching field. When I received the book, it was in good condition, used but looked brand new. Hard cover to give it a solid base. The chapters and lesson plans can help create lessons that are educational yet entertaining for the children.

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